



# INTEGRATED POND & LAKE MANAGEMENT

Otterbine Aerators, Water Aeration Systems Industry Leader

*"We Treat Your Water Right"*





# INTRODUCTION

- ▶ Aging Process of Lakes
- ▶ Causes of Water Quality Problems
- ▶ Water Chemistry
- ▶ Effects of Poor Water Quality
- ▶ Costs of Not Acting
- ▶ Preventive Practices
- ▶ Aeration
- ▶ Summary





# WATER QUALITY MANAGEMENT

- ▶ Water quality is a critical factor in the successful management of any property.

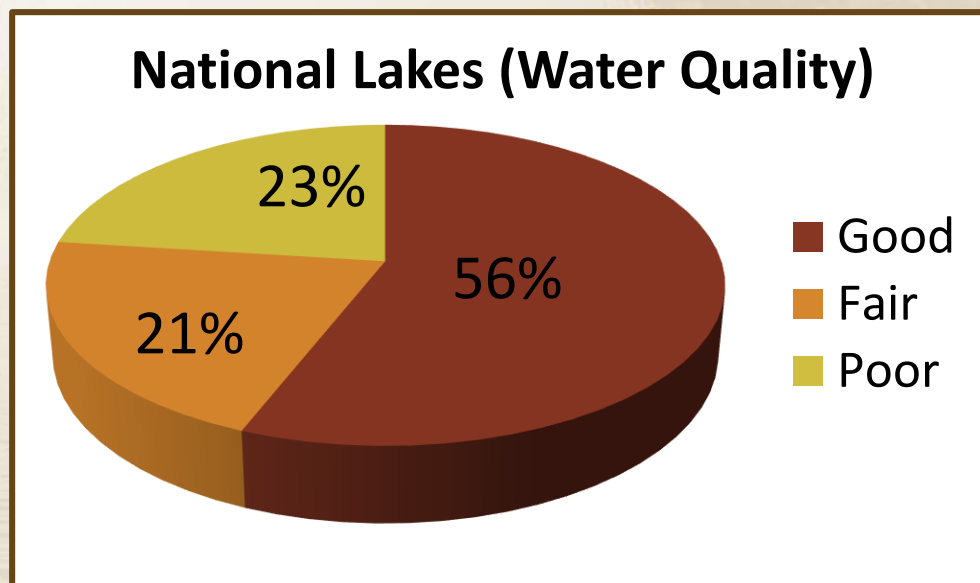




# WATER QUALITY VARIES

- ▶ Water quality varies at each location
- ▶ Recent studies from the US EPA indicates consistent measures in first world countries.

44% of all lakes rank fair or poor in water quality

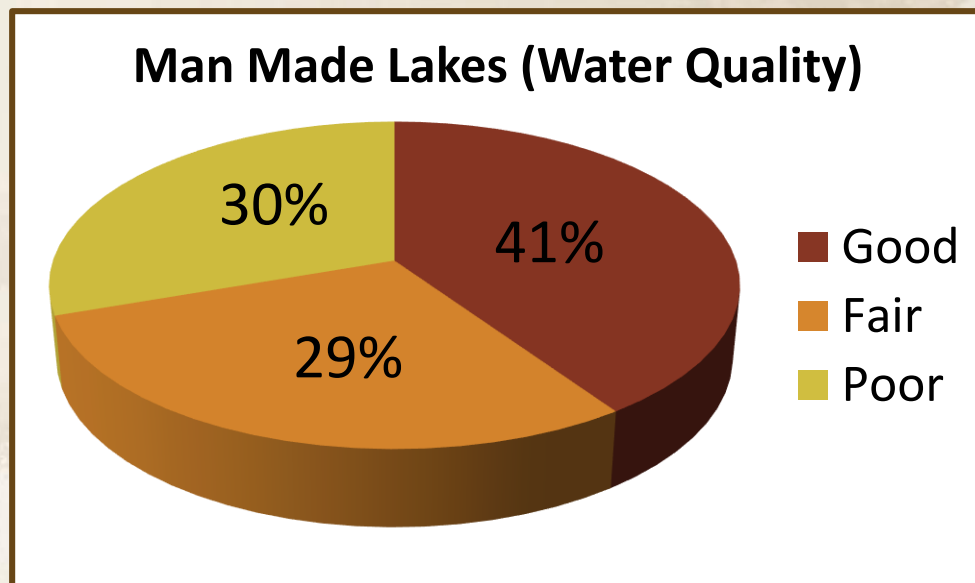




# MAN MADE LAKES FARED WORSE

Almost 60% of man made lakes are rated poor or fair

- ▶ Target man made lakes when developing water quality management plans







# IDENTIFY THE CAUSES

- ▶ Every lake is a unique ecosystem
- ▶ If you can identify the causes, you can implement a solution
- ▶ Focus on environmental balance





# OLIGOTROPHIC LAKES

- ▶ Oligotrophic lakes are biologically “new” lakes
- ▶ These lakes have very low levels of nutrients, usually less than .001mg\l of phosphorus
- ▶ These lakes have little or no algae and macrophyte growth.







# MESOTROPHIC LAKES

- ▶ Mesotrophic lakes tend to have intermediate levels of nutrients, phosphorus in the range of 0.1mg/l range and could be considered middle age lakes.
- ▶ These lakes have higher levels of phosphorus and experience some algae and weed problems.







# EUTROPHIC LAKES

- ▶ Eutrophic lakes are older lakes characterized by high turbidity, nutrient levels, algae and macrophyte populations.
- ▶ Phosphorus levels can be in the range of 1mg/l. One gram of phosphorus supports 100 grams of algae. Nutrient levels determine the biological age of the lake.

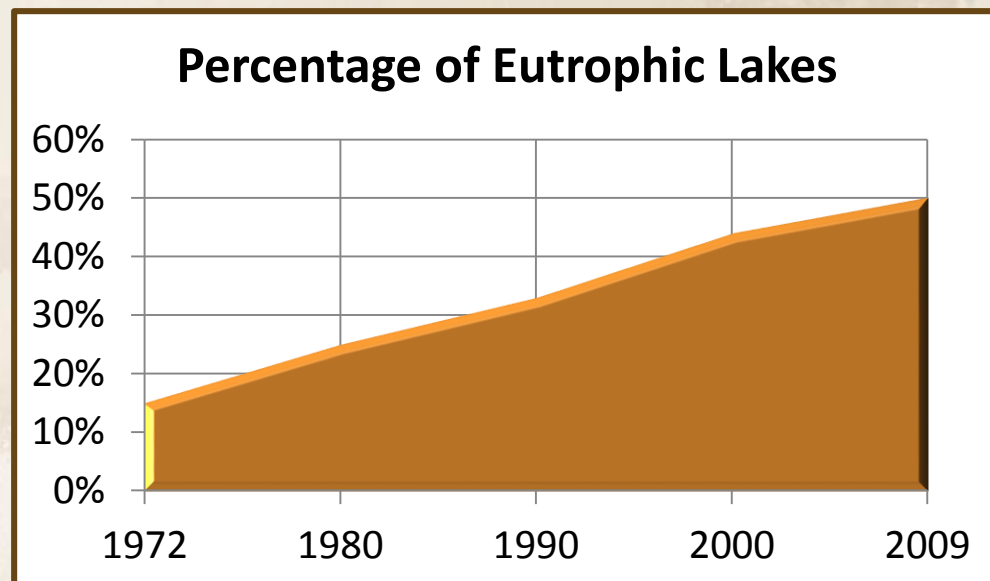




# NATIONAL LAKES ASSESSMENT

The percentage of Eutrophic lakes has tripled since 1972

- ▶ Eutrophic lakes need aeration as a matter of fact







# CAUSES OF POOR WATER QUALITY

1. Light and Temperature
2. Nutrients
3. Oxygen





# LIGHT, TEMPERATURE, & DEPTH

Shallow lakes (less than 6 ft./ or 2m) receive light at the lake bottom

- The entire water column will be productive from a rooted weed and algae standpoint.
- These lakes tend to be very warm.
- This is a favorable condition for algae and aquatic weed growth.

*Shallow Lakes Are a Water Quality  
Management Challenge!*





# STRATIFIED WATERS

- ▶ Sources of oxygen are surface interchange, photosynthesis, and rain
- ▶ Bottom waters are removed from sources of oxygen.
  - Aquatic clean-up organisms move or die
  - Pollution tolerant anaerobic bacteria develop
  - Chemical reactions occur
    - ▶ Insoluble phosphorus & iron become soluble
    - ▶ Sulfide becomes Hydrogen Sulfide
    - ▶ Organic decomposition slows



# THERMAL STRATIFICATION

## Effects on Dissolved Oxygen

Degrees Celsius	Degrees Fahrenheit	Oxygen Saturation
11	52	11 mg\l
17	62	10 mg\l
22	72	9 mg\l
27	80	8 mg\l

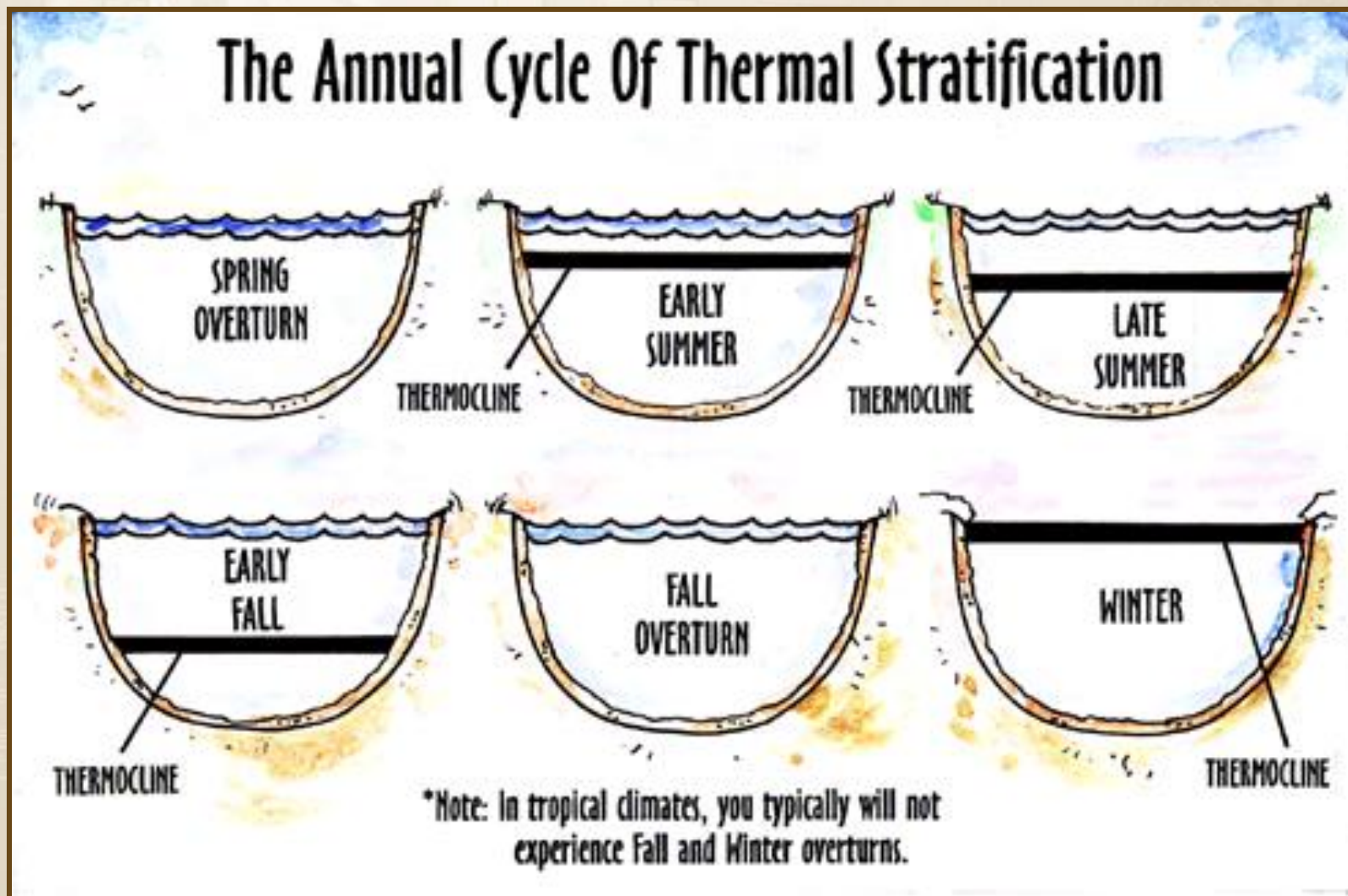
**Warm water has a diminished capacity to hold oxygen.**

**In fact, cool waters can hold over 40% more oxygen  
than warm waters.**





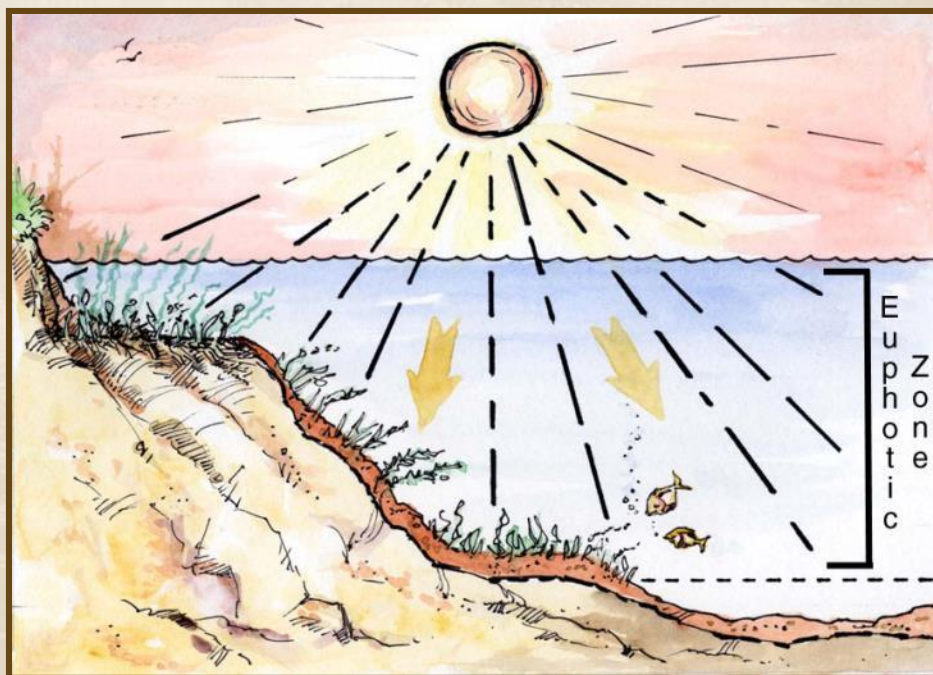
# THERMAL STRATIFICATION SEASONAL EFFECTS





# EUPHOTIC ZONE OR PHOTOZONE

- ▶ The section of the water column where enough sunlight penetrates to promote the growth of green plants.

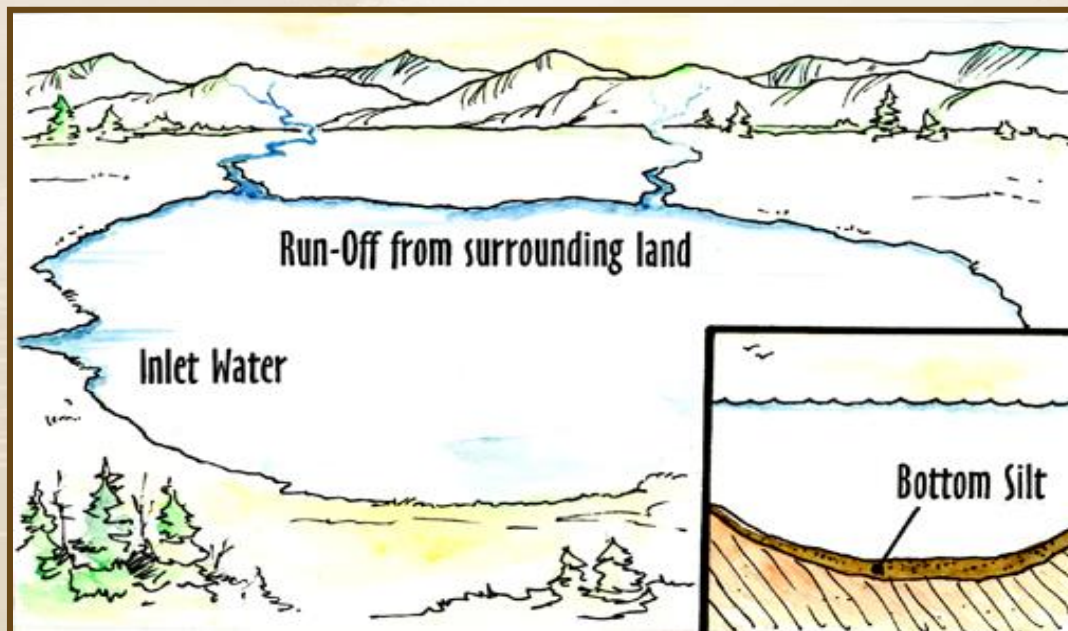






# AQUATIC NUTRIENT SOURCES

- ▶ Three most common sources are:
  1. Sediment and Vegetation in the Lake
  2. Run-off Water from Surrounding Turf Areas
  3. Incoming Water





# NUTRIENT CYCLING

- ▶ Simple algae reproduces as often as every 20 minutes and has a two week life cycle
- ▶ Dead algae sinks to the bottom of the lake adding to Biomass (*biological matter in the lake*)

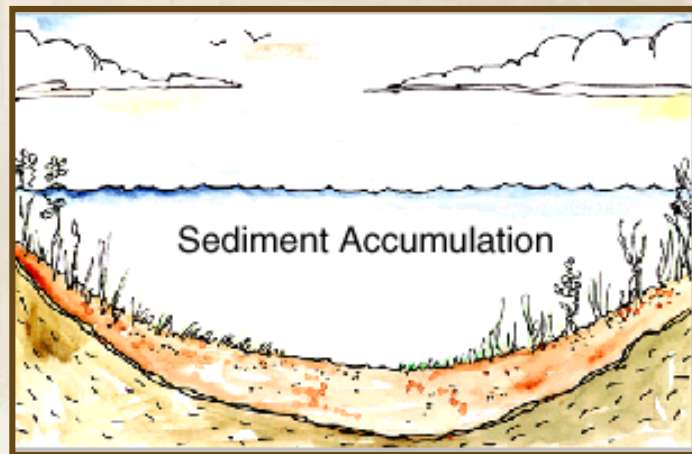


*Sediment can accumulate on the lake bottom at the rate of 1-5 in. or 2.5 - 12 cm Per Year!*



# WATER STORAGE CAPACITY

- ▶ At a mid-range sediment accumulation rate of 3in or 8cm per year
  - A one surface acre or 4000 m<sup>2</sup> lake would lose 80,000 U.S. gallons or 300m<sup>3</sup> of capacity per year







# RUN-OFF FROM SURROUNDING TURF AREAS

- ▶ USGA reports that studies by Dr. Beard estimate that up to 4% of fertilizers run-off or leach into lakes



- ◆ If 16 metric tons are applied per season up to 1/2 ton or 500 kilograms of phosphorus can run-off into a lake.
  - ❖ One gram of phosphorus equals 100 grams of algae
- ◆ Leaves, grass clippings and other nutrients add to the problem.



# NUTRIENT AND INLET WATERS

- ▶ Effluent from sewage, waste water treatment plants and leeching from septic systems
- ▶ Well water contains little or no Dissolved Oxygen
- ▶ Foaming is an indication of excess phosphorus





# OXYGEN'S ROLE IN POND/LAKE

## Oxygen Producers

- Aquatic Plants: Photosynthesis (**Light Side**)
- Wave & Wind Action
- Surface Diffusion
- Rain

## Oxygen Consumers

- Bacteria
- Fish & Wildlife
- Aquatic Plants: Photosynthesis (**Dark Side**)





# OXYGEN'S ROLE IN POND/LAKE

## Oxygen's Role in Pond:

- Support Animal & Plant Life
- Support Aerobic Bacteria in the Consumption of Excess Nutrients

## Healthy Ecosystem

- O<sub>2</sub> Producers Keep Pace with O<sub>2</sub> Consumers
- Natural Clean-Up Process Keeps Nutrients at Low Levels*

## Unbalanced Ecosystem

- Nutrients Outpace Digestion
- Oxygen Consumption Outpaces Supply



# ORGANIC DIGESTION

## Aerobic vs. Anaerobic Bacteria

### **AEROBIC** (good)

- Requires Oxygen
- Fast
- Efficient
- Complete digestion
- Breaks down wastes into water, carbon dioxide and polysaccharides

### **ANAEROBIC** (bad)

- Anoxic
- 5 to 6 times slower
- Inefficient
- Incomplete digestion
- Terrible odors
- Poisonous by-products
  - methane
  - hydrogen sulfide
  - ammonia

**Bacteria's metabolic rate increases in warm temperature**



# WATER QUALITY TESTS

## Appropriate US EPA Levels

Dissolved Oxygen	⇒	>4 mg\l Check before sunrise
BOD	⇒	<5 mg\l
pH	⇒	6 to 9 (7 - 8 are neutral)
Alkalinity	⇒	>50 mg\l is well buffered
Chlorophyll	⇒	<2 mg\l
Suspended Solids	⇒	<5 mg\l
Fecal Coliform	⇒	<200 colony forming units per 100ml *No human contact if >400
Total Nitrogen	⇒	<5 mg\l
Total Phosphorus	⇒	>.05 mg\l is considered high >.1 mg\l will experience algae blooms





# POOR WATER QUALITY

## Effects or Symptoms

- ▶ Algae
- ▶ Weeds
- ▶ Odors
- ▶ Fish Kills

*Once a lake has lost its ecological balance and goes into crisis, the costs of restoring the lake increases dramatically.*





# PLANKTONIC ALGAE

- ▶ Planktonic Algae are single celled plants found in the Epilimnion
  - This algae has the appearance of pea soup.
- ▶ Oxygen stress occurs at night when these populations are high.







# BENTHIC OR FILAMENTOUS ALGAE

- ▶ Benthic is a very difficult algae to control.
- ▶ Algae grows from the bottom of the lake, breaks loose and floats to the surface.
- ▶ Only grows in waters where sunlight reaches the lake bottom







# VASCULAR PLANTS (Bottom Rooted)

- ▶ Plants contain small air sacks which float the weed and keep it suspended.
- ▶ Sunlight must penetrate to the bottom for these plants to grow.





# COST OF NOT ACTING

- ▶ Impact is on the property, both functionally and aesthetically
  - ▶ Clogged Irrigation System
    - Pumps, Valves, & Sprinklers
  - ▶ Sludge Build Up in the Lake
    - Loss of storage capacity
    - Black zone
  - ▶ Odors, Fish Kills, Insect Breeding
  - ▶ Loss of Aesthetic Appeal



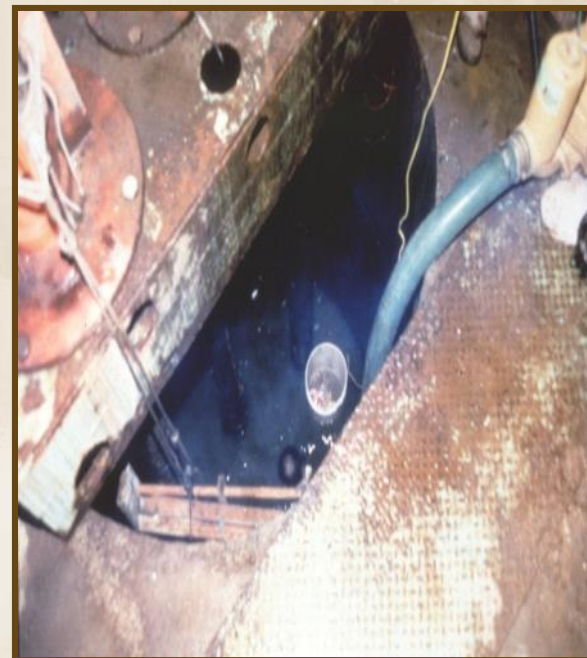




# CLOGGED PUMPS

- ▶ Impossible to irrigate
- ▶ Commercial diver must be brought to the site
- ▶ 4 to 8 hours to clear the pump
- ▶ Damage to the turf in the interim period

**Minimum costs:  
\$500 to \$1000 USD**







# CLOGGED VALVES & SPRINKLERS

- ▶ Damage to turf before the problem is I.D.
- ▶ Turf is either burnt or saturated with excess water
- ▶ 2 to 4 hours to dig up and repair
- ▶ Ground is now “under repair”

**Minimum costs:  
\$250 USD and up**





# BLACK ROOT ZONE

- ▶ Sediment passes through irrigation system onto turf grass. Sediment contains:
  - Heavy Metals
  - Anaerobic Bacteria
  - Partially Decomposed Organic Nutrient







# BLACK LAYER

- ▶ When sediment is applied to turf grass it creates a “black layer” or “black root zone”
- ▶ This effectively seals the turf and it cannot get necessary oxygen and nutrients







# COST OF NOT ACTING | Black Layer

- ▶ When turf is effected by sediment it may be necessary to install new USGA mix in the turf or rebuild the greens

## Costs:

- ▶ Re-core with USGA mix \$10,000 - \$15,000\green
- ▶ Rebuild and shape Green \$35,000 - \$45,000

**Total Possible Cost \$850,000**

*“This is a lot bigger problem than people realize. It’s destroyed a lot of greens...because of lousy water quality,”*

*Mr. Jim Moore, USGA Director of Education*

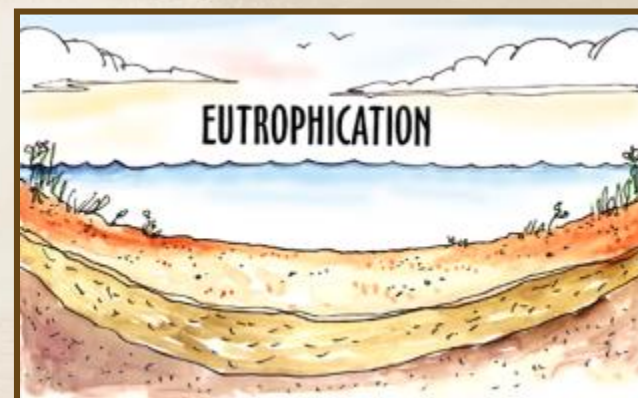
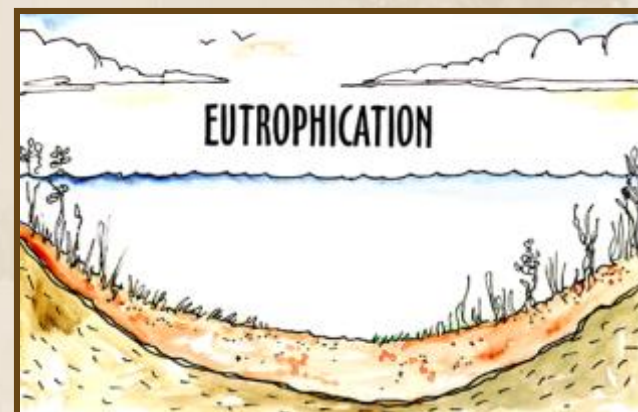


# LOSS OF STORAGE CAPACITY

**Sediment-sludge accumulates at 1in to 5in, or 2cm to 12cm per year**

- ▶ At mid range rate of 3" or 8cm. per year a surface acre (4000m<sup>2</sup>) lake loses 80,000 U.S. gallons or 300 m<sup>3</sup> of storage capacity.

**Imagine the effects after 20, 50 or 100 years.**





# **COST OF NOT ACTING**

## **Oxygen Depletion**

- ▶ **Fish Kills:** Fish require 4-5 mg\l of Dissolved Oxygen
- ▶ **Foul Odors:** Most odors occur in anoxic conditions
- ▶ **Insect Infestation**







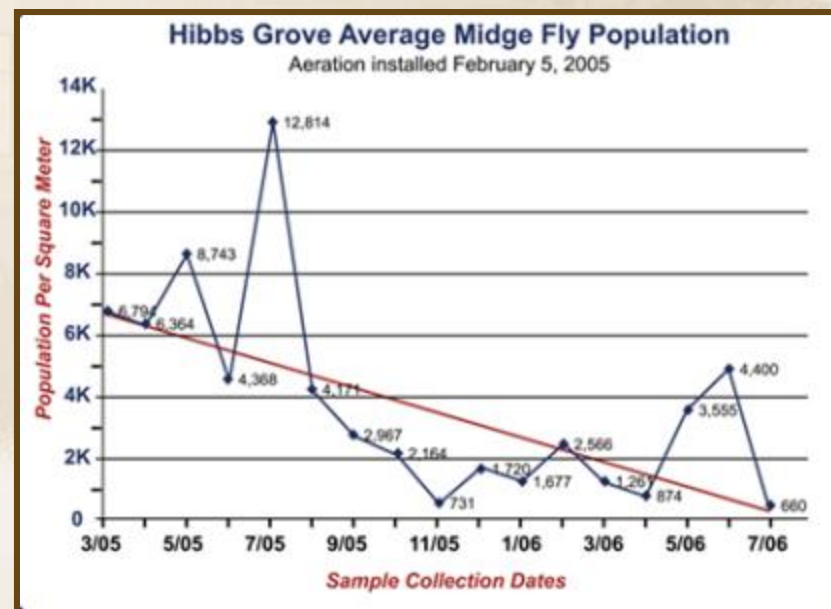
# INSECT CONTROL

► Insects breed in waters that are:

- Rich in organics
- Low in oxygen
- Calm or still

► Recent case study

- Insect larvae population at 6,794 per square meter (6X's the nuisance level)
- Aeration system installed and run for 14+ months
- Larvae population drops to 660 per square meter





# REACTIVE PRACTICES

- ▶ Reactive means waiting until the lake is out of balance before acting, and is often crisis driven
- ▶ Reactive practices tend to be less environmentally friendly and more costly







# REACTIVE PRACTICES

## Lake Harvesters

- ▶ Harvester removes floating weeds, algae and debris by skimming it off the surface
- ▶ Process is expensive and results are short lived







# REACTIVE PRACTICES

## Dredging:

- ▶ Severe eutrophication will require dredging
  - 40 hours to remove 4,000 cubic meters/yards

**Cost:**  
**\$35,000 USD or more**

Dredging Pond



Sludge Removal



Dredging Machine



Pump Sediment to Shore





# HERBICIDES AND ALGAECIDES

Most algaecides are copper based

- ▶ Granular forms
  - Used for rooted weeds
- ▶ Liquid forms
  - Used for floating weeds





# HERBICIDES AND ALGAECIDES

- ▶ Dosages depend on alkalinity of the lake
- ▶ The higher the alkalinity the greater the chemical application
- ▶ Water testing must be done before application
- ▶ Use with caution as chemicals add heavy metals to the water





# HERBICIDES AND ALGAEICIDES

- ▶ Broad range chemicals can kill on contact
- ▶ Beneficial plants are often killed
- ▶ Plants sink to the bottom and create greater oxygen demand on the lake





# GRASS CARP

- ▶ Help keep weed growth under control
- ▶ Eat 2-3x their body weight per day
- ▶ Can Grow to 45 lb. (20k)
- ▶ 12 fish per acre or 4000 m<sup>2</sup>
- ▶ They can eliminate all plant growth leading to low oxygen and water quality problems





# PROPER PREVENTIVE PRACTICE

- ▶ Identify the causes
- ▶ Focus on the three key factors of water quality management
  - Light/Temperature
  - Nutrients
  - Oxygen
- ▶ Design a solution utilizing the “Best Management Practices” geared toward the causes





# BLOCKING UV RAYS

- ▶ Lake Dyes are an important proactive management provision for shallow ponds and lakes (less than 8 feet or 2.5 meters).
- ▶ These products help offset the lack of depth by reducing UV energy absorbed by the lake.





# LAKE DYES

- ▶ Lake Dyes come in powders or liquids
- ▶ Choose a dye that has government or EPA approval
- ▶ Use only in lakes with no outlets
- ▶ Dyes last an average of 6-8 weeks
- ▶ Will not stain
- ▶ Will not harm fish or wildlife





# NUTRIENT ORIENTED SOLUTIONS

**Greatest degree of control is to prevent run-off into the lake.**

- ▶ Create a 30ft or 10m “No Fertilizer Zone” around the lake
- ▶ Use slow release fertilizers
- ▶ Let the turfgrass grow longer around the lake
- ▶ Design a Berm or Swale around the lake perimeter to trap nutrients



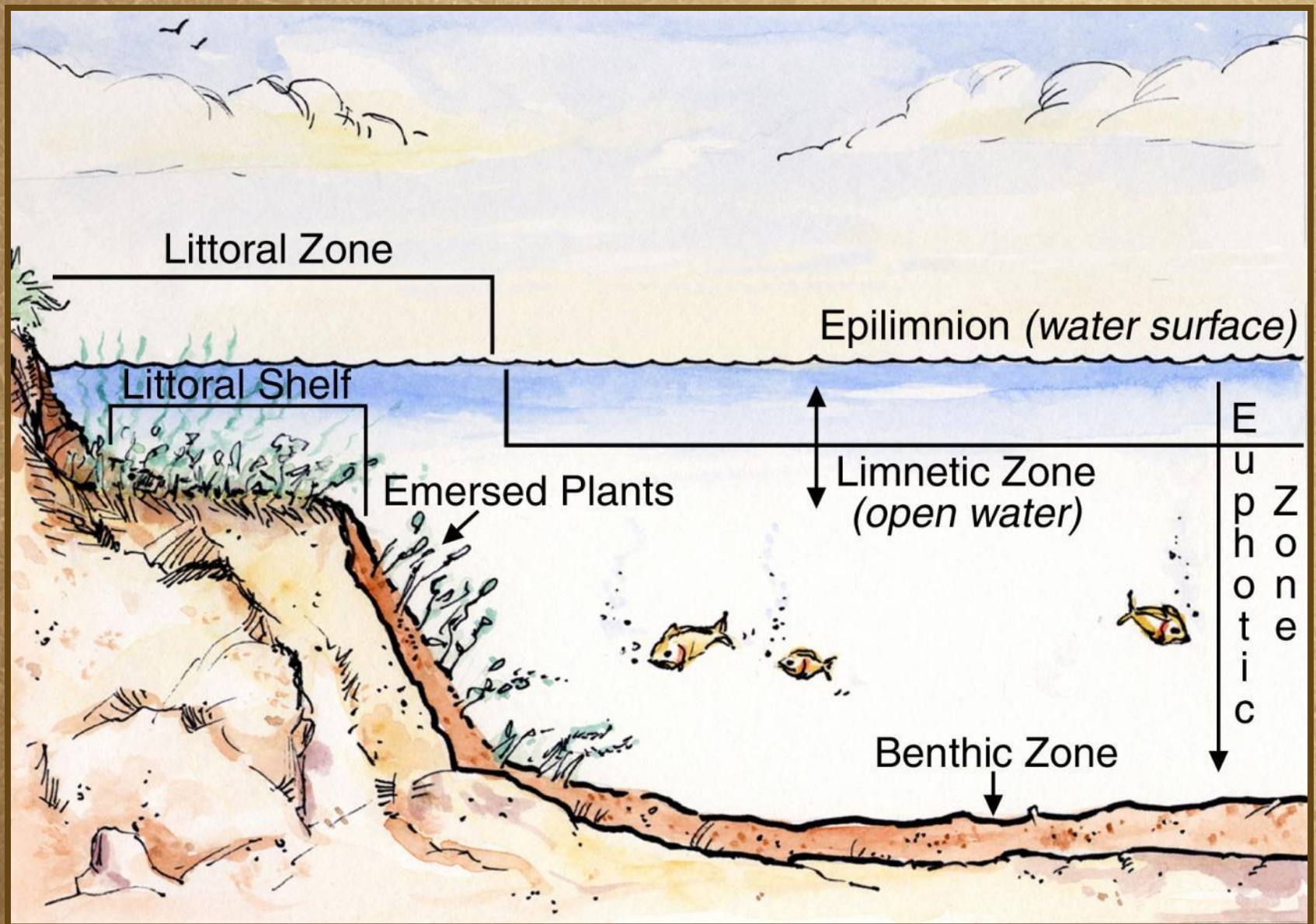


# AQUASCAPING SOLUTIONS

- ▶ Use vascular weeds and plants as buffers in the Littoral Zone to absorb nutrients
- ▶ Technique was pioneered by Dr. Bob Blackburn who calls it the Lake Manager's "first line of defense"



# LAKE REGIONS







# AERATOR VS. FOUNTAIN

- ▶ Aerators move large volumes of water and adds oxygen to the water.
- ▶ Fountains use a nozzle under pressure to create a decorative spray pattern.



Aerator



Fountain





# AERATION DEFINED

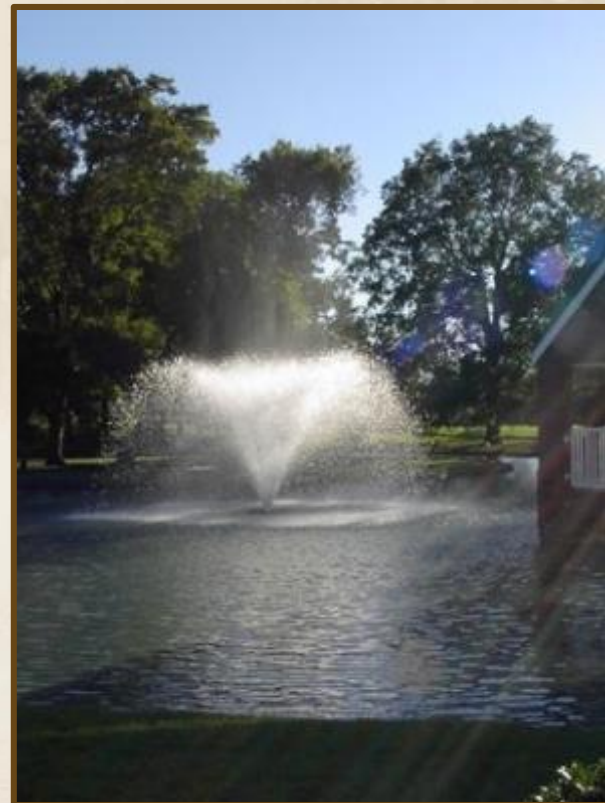
- ▶ Aeration is the addition of dissolved oxygen to the water
- ▶ The second component of aeration is mixing and de-stratification





# WHAT DOES AERATION DO?

- ▶ Aeration improves water quality by impacting the 3 factors:
  1. **Oxygen:** Aeration encourages aerobic digestion of nutrients by adding oxygen
  2. **Nutrients:** These are kept in balance through digestion and oxidation
  3. **Temperature:** Mixing breaks down stratification adding O<sub>2</sub> to lower levels







# POSITIVE EFFECTS OF AERATION

- ▶ Introduction of oxygen prevents anaerobic digestion and foul odors
- ▶ Oxygen introduced at lake bottom inhibits phosphorus release from sediment
- ▶ Oxygen in water converts Phosphorus to an insoluble form







# TYPES OF AERATION



Surface  
Aeration



Horizontal  
Mixers &  
Aspirators

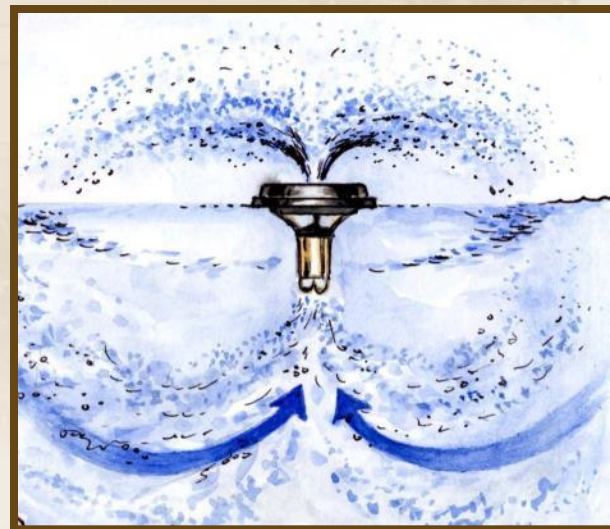


Air Diffusion



# SURFACE SPRAY AERATION

- ▶ Provides the best aeration and circulation in lakes less than 15ft or 5m deep
- ▶ Mixes surface and bottom waters, aerating and creating convection patterns
- ▶ Independent research shows that surface aeration adds 2 mg\L of dissolved oxygen at 10ft or 3m
- ▶ Wave pattern is excellent for breaking up algae mats







# HORIZONTAL MIXERS & ASPIRATORS

- ▶ These aeration systems are best suited for 3-12ft. or 1-4m
- ▶ Units are used to create circulation in long narrow channels or lakes
- ▶ Good choice when a spray pattern is not desired







# AIR DIFFUSION SYSTEMS

- ▶ Effective in 15ft or 5m or deeper
- ▶ Depth must be sufficient to allow for rising air bubbles to expand towards the water surface
- ▶ Most unobtrusive of all systems
- ▶ No electricity running water
- ▶ Shore mounted compressor forces air to diffusers installed at the bottom of the pond





# CRITERIA FOR AN AERATOR

- ▶ Aerator must pump a minimum of 400GPM or 90m<sup>3</sup>/hr
- ▶ True aerators are rated by their oxygen transfer rate.
  - Look for a system that has independent oxygen transfer testing!!
- ▶ Good Spray or Aspirating Aeration System will develop 2-3 lb. or 1-1.3 kilos of oxygen per hour.
- ▶ Look for safety testing: CE, CSA, ETL or UL.



# AERATOR PLACEMENT

- ▶ Placement is dependent on size & shape
  - Place aerators or diffusers to insure maximum circulation
  - Use multiple units for best results
- ▶ Streams and canals are best suited for horizontal aspirating aeration systems







# SUMMARY

## Water Quality Management is a Science

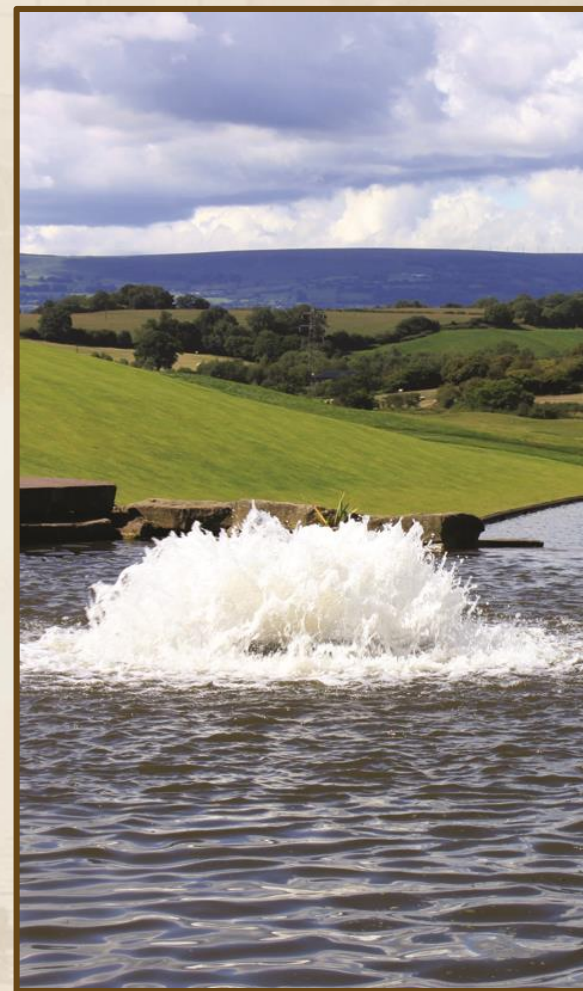
- Identify the causes of your problems:
  - Light
  - Temperature
  - Nutrients
  - Oxygen





# INTEGRATE BEST MANAGEMENT PRACTICES | Align to the Causes

- ▶ Minimize Light & Heat
- ▶ Minimize Nutrient
- ▶ Accelerate Digestion
- ▶ Use Proactive Tools as the Basis for Your Program
- ▶ Use Reactive Tools in Crisis





# REVIEW

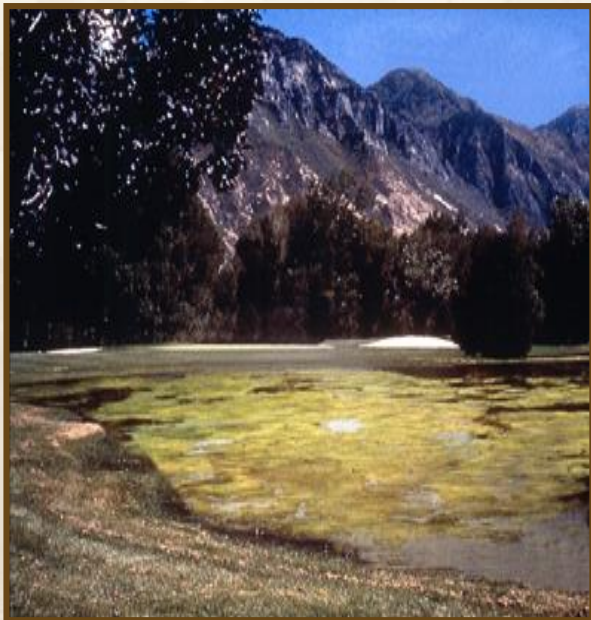
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# INTEGRATED SOLUTIONS

**BEFORE**



*No Lake  
Management  
Program*

**6 WEEKS LATER**



*Aeration & Lake Dye*



# THANK YOU FOR YOUR TIME!

Please visit Otterbine at [www.otterbine.com](http://www.otterbine.com)  
or call 1-800-237-8837 (610-965-6018)

